LISBON SCHOOL BREAKFAST MENU

<u>Whole Grain Pop-Tarts</u> Strawberry or Cinnamon

Whole Grain Cereal

Cinnamon Toast Crunch

Whole Grain Muffin

Chocolate Chip Bagel w/Cream Cheese

<u>Milk</u> 1% White or Low Fat Chocolate

Every breakfast comes with a juice and fruit.